

# Mary Had A Little Flower



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### Flower Ingredients

- Lavender
- Cinnamon Bark



### Flower Equipment

- Scissors
- Secateurs
- String



### Method

1. Gather the bunch of lavender in your hand and, using your secateurs, trim the lavender to size.
2. Place 2 stems of Lavender in the inner side of the cinnamon bark.
3. Place a piece of cinnamon bark on top of the first one containing the lavender and make sure the lavender is secured in place.
4. Using your scissors cut 15cm of string.
5. Wrap the string around the cinnamon bark.
6. Tie a knot and bow for presentation.

*(Substitute other flowers if flower ingredients are not available)*

**P.S. Makes a great Bon Voyage gift.**



a.



b.



e.

e. place a second piece of cinnamon bark over the top of the one containing the lavender

f. wrap the string around the cinnamon bark to secure

g, h. tie a knot and bow for presentation



c.

a. trim the stems of the lavender

b, c. place 2 stems of lavender into the cinnamon bark

d. cut a 15cm length of string



d.



f.



g.



h.